



Who We Are



Jeff VanZant began counseling professionally in 1993 co-facilitating men's recovery groups for domestic violence and anger management. He has worked as a campus minister at the Universities of Kansas and Washington, as a project manager with Boeing, and has launched multiple senior care homes under the mantle *Tender Care Cottage* where he served as owner/director and treatment planning coordinator. Jeff now counsels fulltime in the areas of sexual addiction, anger, ADHD, and relationship issues.

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FAQ's

“What will we learn in the “What is Cybersex Addiction and is It Treatable” presentation?”

Cybersex is a multi-media experience encompassing at least 10 different forms of sexual behavior

Cybersex addiction: 10 identifiable indicators you must learn to spot

What causes some to be addicted & how, when, and why are they triggered to seek sex?

Why & how this behavior damages addicts & their spouses so drastically

What's the “sex positive movement” and why be seriously concerned?

Is seeing more women turn to porn a true cultural endorsement?

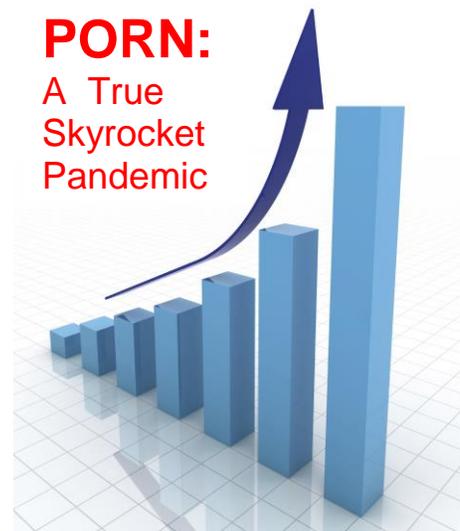
Are there unique risks to women?

What are the consequences of global normalization of porn?

Can cybersex addicts get better? If so how? what the numbers show

What is faith-based treatment & how is it different than other options?

PORN:
A True
Skyrocket
Pandemic



As annual porn views soar into the billions how can the local church understand and respond to the coming tsunami?

**A BRIGHT
HEARTS
PRESENTATION**

**“Porn: The
Growing
Pandemic
in the Church”**

“Porn has been around forever ... what’s all the fuss?”

With the advance of the smartphone in 2007 and ever-increasing access to more & more graphic content by an ever-expanding viewership crossing all genders & ages, porn views have skyrocketed to over **136 Billion per year** & will conservatively increase by 45% *in just 4 years*. Internet porn is already truncating population growth beyond a recoverable point, a cause of 60% of divorces, and creating widespread aversion to couple sex as well as destroying marital trust.

Bring one or more of these **cutting-edge presentations** to your group today!

What presentations are you sharing and why?

As one who sees shattered individuals and relationships due to persistent porn and cybersex **on a daily basis** I have put together 3 impact presentations suitable for all but young children:

“**Porn: the Growing Pandemic in the Church**” - 45 min targeted to church leaders, pastors, staff, men’s groups

“**Porn: the Growing Pandemic Among Youth**” - 45 min targeted to youth teams, youth pastors, parent groups

“**What is Cybersex Addiction & is it Treatable**” - 30 min targeted to church leaders & staff, pastors, & adult couples.

The 1st step to **real change** is to take a look at the hard truths at hand.



What are the **benefits** of hosting a Bright Hearts Presentation?

You will be experiencing the results of weeks & weeks of the **latest research**. But more important, you will learn **real-life stories** of the **human toll** taken by porn & cybersex use on it’s victims.

“What is learned in “PORN: the Growing Pandemic in the Church?”

What’s caused **pandemic** growth of porn?

How will **virtual reality** affect porn use?

What are the porn **search percentages** & habits by gender & other demographics?

Hear the real **impacts** to health, partners, relationships, & divorce due to porn

How is porn viewing **different** for men & Women in & out of the church?

What can **pastors do** to address this?

Are pastors **immune**? What can help?

What are the **long term impacts** of porn?

Call **TODAY** to schedule one or more of these **FREE** high impact presentations: (206) 679-4321

What’s learned in “PORN: the Growing Pandemic Among Youth”?

Hear what, how, why, when, and where youth are viewing porn.

Find out how & why youth are sexting and when this starts.

True cases depicting the alarming **impacts & risks** to youth

Learn the 4 essential steps to prevent a youth porn pandemic in your own youth.

SUPPORT GROUPS

What recovery support groups do you offer and how often?

The first 3 groups below are offered 3 times per year. The other groups are offered once or twice annually either during the late summer or in December.

- Sex Addiction 1 & 2
- Divorce Recovery
- Anger Management
- Becoming A Safe Male
- The 7 Desires of Every Man’s Heart
- Therapeutic Disclosure

